



## Product Description

The Torino T1 Ankle Brace with Figure-of-8 Strap is a unisex design that fits either the left or right ankle and comes in one adjustable size. It provides dynamic support and compression during rehabilitation through its figure-of-8 strap, while the dual-sided metal rigid spiral stays help stabilize the ankle complex without restricting controlled, flexible movement.

Constructed from durable, heat-therapeutic neoprene, the brace gently warms muscles and joints to help relieve stiffness, arthritis, and chronic aches. The brace stabilizes the ankle joint and helps maintain correct anatomical alignment when worn, promoting safe movement and reducing the risk of re-injury. By limiting excessive plantar flexion, inversion, and eversion, it is particularly effective for managing ligament injuries, chronic instability, and post-traumatic support.

## Indications

- **Ankle sprains and strains**
- **Chronic ankle instability**
- **Mild to moderate ligament injuries**
- **Post-rehabilitation support following ankle injury or surgery**
- **Management of arthritic, stiff, or aching ankles**
- **Prevention of reinjury during sports or physical activity**

## Key Features

1. **Figure-of-8 strap** – provides extra support and compression
2. **Dual metal spiral stays** – interchangeable, left or right side for flexible support
3. **Variable compression system** – for an adjustable fit and blood-flow safety
4. **Universal size** – one size fits most, adjustable, unisex, and fits left or right ankle